

Team / Pool	Age	Turf 1 Day	Turf 1 Location	Turf 2 Day	Turf 2 Location	Futsal Day	Futsal Location	Game Day	League			
2002 Boys - G&W	U18	Sunday, 9am	Dome NW			Tuesday	HTS 1 gym, 830	Team's decision				
2002 Girls	U18	Friday, 8:30pm	Dome NE			Monday	HTS 1 gym, 830	Team's decision				
2003 Boys	U17	Monday, 8:30pm	Dome SE	Wednesday, 8:40pm	Dome SW	Thursday	HTS 1 gym, 830	Team's decision				
2004 Boys Green	U16	Wednesday, 6pm-7:20pm	Dome SW	Friday, 8:30pm	Dome SW	Monday	HTS 1 gym, 830	Team's decision				
2004 Boys White	U16	Wednesday, 7:20pm-8:40pm	Dome SW	Friday, 8:30pm	Dome SE	Monday	HTS 1 gym, 830	Team's decision				
2004 Girls	U16	Monday, 6pm	Dome NW	Thursday, 8:30pm	Dome NW	Tuesday	HTS 1 gym, 830	Team's decision				
2005 Boys	U15	Monday, 8:30pm	Dome SW	Sunday, 9am	Dome NE	Thursday	HTS 1 gym, 830	Team's decision				
2006 Boys Green	U14	Monday, 7pm	Dome SW	Sunday, 10:30am	Dome NE	Thursday	HTS 1 gym, 715	Team's decision				
2006 Boys White	U14	Monday, 7pm	Dome SE	Sunday, 12pm	Dome NE	Thursday	HTS 1 gym, 715	Team's decision				
2006 Girls Green	U14	Friday, 7pm	Dome SW	Sunday, 3pm	Dome NE	Tuesday	HTS 1 gym, 715	Team's decision				
2006 Girls White	U14	Friday, 7pm	Dome SE	Sunday, 4:30pm	Dome NE	Tuesday	HTS 1 gym, 830	Team's decision				
2007 Boys	U13	Thursday, 7pm	Dome NW	Sunday, 5pm	Dome SW	Tuesday	HTS 1 gym, 715	Team's decision				
2007 Girls	U13	Friday, 7pm	Dome NE	Sunday, 1:30pm	Dome NE	Thursday	HTS 2 gym, 715	Team's decision				
Team / Pool	Age	Turf 1 Day	Turf 1 Location	Turf 2 Day Tier 3 & 4	Turf 2 Day Tier 3 & 4	Futsal Day	Futsal Location	Game Day Tier 1	League Tier 1	Game Day Tier 2	League Tier 2	
2008 Boys	U12	Friday, 6pm	Dome SW	Saturdays 9am to 3pm  Schedule to be finalized once # of squads is confirmed		Tuesday	HTS 2 gyms, 6 and 715	Sunday	YRSL	Saturday	YRSL	
2008 Girls	U12	Tuesday, 6pm	Dome SW			Thursday	HTS 3 gym, 715	Sunday	YRSL	Saturday	YRSL	
2009 Boys	U11	Friday, 6pm	Dome SE			Tuesday	HTS 2 gyms, 6 and 715	Sunday	YRSL	Saturday	YRSL	
2009 Girls	U11	Tuesday, 6pm	Dome SW			Thursday	HTS 3 gym, 6	Sunday	YRSL	Saturday	YRSL	
2010 Boys	U10	Thursday, 6pm	Dome SE			Monday	HTS 2 gyms, 6 and 715	Sunday	YRSL	Saturday	YRSL	
2010 Girls	U10	Monday, 6pm	Dome SE			Thursday	HTS 2 gym, 6	Saturday	YRSL	Saturday	YRSL	
2011 Boys	U9	Thursday, 6pm	Dome SW			Monday	HTS 2 gyms, 6 and 715	Sunday	YRSL	Saturday	YRSL	
2011 Girls	U9	Monday, 6pm	Dome SW			Thursday	HTS 1 gym, 6	Saturday	YRSL	Saturday	YRSL	
2012 Boys	U8	Friday, 6pm	Dome NE					Tuesday	HTS 1 gym, 6	YRSL Festivals		
2012 Girls	U8	Friday, 6pm	Dome NE					Monday	HTS 1 gym, 6			

OPDL	Futsal Day	Futsal Location	Fitness Day	Fitness 1	Fitness 2	Turf 1 Day	Turf 1 Location	Turf 2 Day	Turf 2 Location
2004/03B	Monday	Crosby 9	Wednesday	FC	JV 7	Tuesday, 830pm	Dome SW	Saturday, 5pm	Dome NE
2004/03G	Monday	Langstaff SS 7	Wednesday	JV 7	FC	Thursday, 830pm	Dome SW	Saturday, 630pm	Dome NE
2005B	Monday	Crosby 8	Wednesday	FC	JV 7	Tuesday, 830pm	Dome SE	Saturday, 5pm	Dome NW
2005G	Monday	Langstaff SS 6	Wednesday	JV 7	FC	Thursday, 830pm	Dome SE	Saturday, 630pm	Dome NW
2006B	Monday	Crosby, 7	Wednesday	FC	JV 6	Tuesday, 7pm	Dome SE	Saturday, 330pm	Dome NE
2006G	Monday	RHSS, 7	Wednesday	JV 6	FC	Thursday, 7pm	Dome SE	Saturday, 2pm	Dome NE
2007B	Monday	Crosby, 6	Wednesday	FC	JV 6	Tuesday, 7pm	Dome SW	Saturday, 330pm	Dome NW
2007G	Monday	RHSS, 6	Wednesday	JV 6	FC	Thursday, 7pm	Dome SW	Saturday, 2pm	Dome NW

**Program Matrix**

Age	Ball Size	Training Session Length
U8	4 Super Light	55 Minutes
U9/10	5 Light	55 Minutes
U11/12	5 Light	55 Minutes
U13 to U18	5	Turf, 85 Minutes Futsal, 55 Minutes

**Legend**

Short form	Full Name	Address
HTS	Holy Trinity School	1300 Bayview Ave, Richmond Hill
Dome	Richmond Green Sports Dome	1 William F. Bell Pkwy, Richmond Hill
Crosby	Crosby Heights Public School	190 Neal Dr, Richmond Hill
Langstaff SS	Langstaff Secondary School	106 Garden Ave, Richmond Hill